



**EUROPEAN NETWORK OF TRAINEES
IN OBSTETRICS AND GYNAECOLOGY**

December 2024 NEWSLETTER



GREETINGS FROM THE PRESIDENT

Dear ENTOG members, colleagues, and friends,

Following the success of the ENTOG Exchange 2024 in Zurich, where 39 trainees from 23 countries came together to connect, share experiences, and explore the Lindt Home of Chocolate Museum while enjoying traditional fondue, we also deepened our knowledge of Sexual and Reproductive Health. This memorable week concluded with the ENTOG Scientific Meeting, held in collaboration with Junges Forum Gynécologies Suisse.

It is my great pleasure, on behalf of the German Local Organising Committee and ENTOG Executive, to invite ENTOG members to join the the ENTOG Exchange 2025 in Germany. This event will offer trainees an excellent opportunity to exchange practices, inspire innovation, and elevate the standards of training and patient care. Following the Exchange, we look forward to gathering at the EBCOG European Congress of Obstetrics and Gynaecology, where ENTOG will host two trainee-focused sessions, alongside the ENTOG Council Meeting on the evening of Friday, 6th June.

Our mission remains steadfast: to create new training opportunities and inspire trainees to strive for excellence beyond these scientific interactions. We encourage all members to engage with us, challenge our initiatives, and collaborate closely with the ENTOG Executive. ENTOG's members and trainees are at the heart of everything we do, and it is our priority to amplify your voices and provide visibility for young specialists and trainees across Europe. This commitment is made possible through the continuous support and encouragement of EBCOG Officers and Council.

Reflecting on 2024, it has been a productive year for ENTOG. However, we are already looking ahead to an even busier 2025, with the EBCOG/ENTOG Congress, webinars, joint activities with affiliated societies, and new opportunities on the horizon. We welcome your input and involvement to make these initiatives even more impactful.

We look forward to hearing from many of you and are here to address your needs. On behalf of the ENTOG Executive, I wish you a prosperous, healthy, and happy 2025!

Warm regards on behalf of the ENTOG Executive,
Sofia Tsiapakidou
ENTOG President

*Scan to connect
with us!*



NEWSLETTER HIGHLIGHTS

ENTOG Exchange Switzerland 2024

ENTOG Exchange Germany 2025

ENTOG Exchange 2026 Update

Collaboration Updates

EBCOG Congress 2025

EXECUTIVE COMMITTEE 2024/25



SOFIA TSIAPAKIDOU
President



RAFAŁ ZADYKOWICZ
Secretary-General



ESTHER MCNEILL
Treasurer



MEI YEE NG
Executive Member-Webmaster



SARA VODOPIVEC
Executive Member

Connect with ENTOG on



INVITATION TO THE ENTOG EXCHANGE GERMANY 2025

Applications for the ENTOG Exchange Germany 2025 is now open and will close on **Friday, 27th January 2025** at midnight (CET). The application process will follow the standard procedure: trainees must apply through their country representatives, who will select 2 participants to represent their country at this year's Exchange in Germany.

Check out the separate invitation letter with all the necessary details about the ENTOG Exchange 2025.



UPDATE ON ENTOG EXCHANGE 2026

Congratulations to the Ireland's Junior Obstetrics & Gynaecology Society (JOGS) for their winning proposal to host the ENTOG Exchange 2026 in Ireland!

We eagerly await the exciting plans the Irish Local Organizing Committee will arrange for ENTOG members.

Mark your calendars and join us in Ireland in 2026!



REPORT OF ENTOG EXCHANGE SWITZERLAND 2024

The ENTOG Exchange 2024 in Switzerland was an incredible experience! We hope that all 39 European trainees from 23 ENTOG member countries enjoyed it as much as we did. Eleven different hospitals in ten cities across Switzerland hosted participants for three days, offering insights into their healthcare systems and local cultures.

The trainees then gathered in picturesque Zurich for the next phase of the exchange. On 12th September, a **workshop on Sexual and Reproductive Healthcare** was delivered by international experts **Prof. Johannes Bitzer** (EBCOG-ESC) and **Prof. Gabriele Merki** (ESC), followed by the ENTOG Council meeting. During the Council meeting, we were delighted to introduce the new ENTOG Executive!

The exchange concluded with a full-day scientific meeting organized in collaboration with Junges Forum Gynécologies Suisse on **Innovation in Obstetrics and Gynecology**, endorsed by EBCOG and the Swiss National O&G Society. For the first time, the event was awarded **EACCME CME** points. We were honored to have two distinguished speakers: **Prof. Martin Heubner** (SERGS Vice President) and **Dr. Istvan Argay** (ESGE Board Member and GESEA Educational Program Coordinator).

This year's ENTOG Exchange was a tremendous success, and we extend our heartfelt thanks to the **Swiss Local Organising Committee** for showcasing the **Swiss healthcare system and culinary delights!**



Connect with ENTOG on





ONE2ONE EXCHANGE - HOSTS NEEDED!

This unique initiative offers ENTOG members a golden opportunity to immerse themselves in the life of a fellow trainee in another ENTOG member country. It's more than just an exchange; it's a platform for in-depth learning, networking, and sharing of experiences, tailored to your specific interests and professional needs.

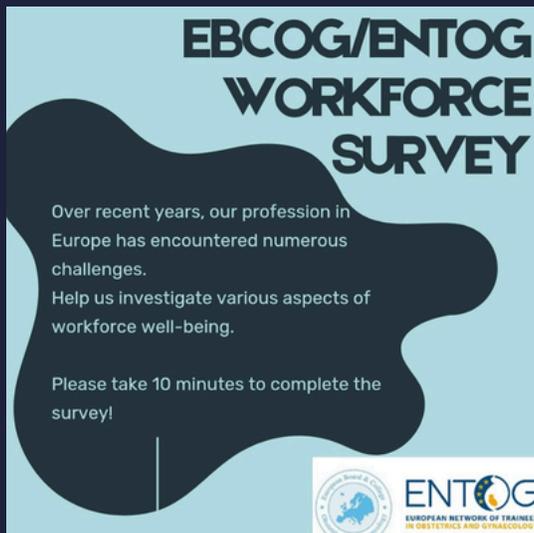
With increasing interest from ENTOG members eager to participate, we are **seeking more hosts** to help make these exchanges possible. Hosting is a rewarding way to connect with another ENTOG member and create lasting professional relationships.

If you're interested in visiting or becoming an exchange host, we encourage you to visit the [ENTOG One2One Exchange](#) for more details!

ENTOG SURVEYS

Help improve O&G training in Europe by participating in our ongoing surveys!

Complete the survey about the workforce to strengthen trainees' voice and ensure policymakers take our opinions into account.
Answer the survey [here](#)



Complete the survey on sexual dysfunction to help us better understand trainee experiences and advocate for improved care and education in this vital area.

Answer the survey [here](#)



Take the survey on breast awareness to support our efforts in raising knowledge and shaping policies for better trainee education and patient outcomes.
Answer the survey [here](#)

COLLABORATION UPDATES

UPCOMING CONFERENCE & CONGRESS

20th - 22nd February 2025

18th - 21st June 2025

19th - 22nd October 2025



Joint ENTOG Trainee Session

Joint ENTOG Trainee Session

Free Registration Competition!

REMINDER TO APPLY!



UPCOMING WEBINARS

11th December 2024 | 1600 CET

After last year's success, ENTOG is thrilled to continue its collaboration with IPVS! Join us for a free webinar on "Special Considerations About Women with Cervical Precancerous Lesions".

Register at bit.ly/ENTOGIPVS2024

18th December 2024 | 1900 CET

ENTOG is thrilled to partner once again with ESSM-YoSeMA on a free webinar on "Managing Sexual Dysfunction During Pregnancy and Postpartum" to delve into the often-overlooked challenges of sexual dysfunction during this important stage of life.

Register at bit.ly/yosemaentog2024

RECENT SUCCESSFUL COLLABORATIONS WITH...



We were excited to participate in the EUGA Annual Congress in Prague! Together with the EUGA Trainee Committee, we hosted a workshop on Sexual Function, led by international experts and a joint session titled "Preoperative Urodynamics in POP Surgery: Essential Tool or Optional Step?", discussing the current status of urogynecology training in Europe.



On 3rd December 2024, ENTOG joined forces with ESGE and YEARS to organize a webinar on **Training Opportunities for Young Specialists in Minimally Invasive Surgery**.

This marks the beginning of exciting collaborations to come!



Missed the EUGA-ENTOG Webinar 2024?

Along with our past webinars, watch back the "Pelvic Floor Prolapse: How to Assess, Counsel and Treat", presented by Prof. Themistoklis Mikos and Prof. Mauricio Serati, on the MedAll platform.

Connect with ENTOG on





NEWS FROM EBCOG

EBCOG-EFOG Exam Updates

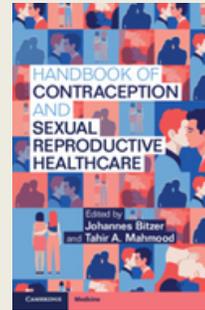
Key exam dates for 2025:

- Part 1 KBA Exam: 15th March & 30th August 2025
- Part 2 OSCE Exam: June & November 2025

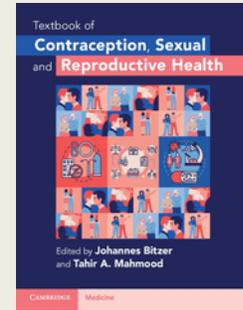
EBCOG Subspecialty Exams

EBCOG also offers high-quality exams in specialized areas:

- European Fellowship in Reproductive Medicine
- European Diploma in Sexual and Reproductive Healthcare



bit.ly/handbookCSRH



bit.ly/textbookCSRH

Use **'ENTOG20'** at checkout for a **20% discount***! *Discount code valid till 1st January 2025

Don't miss the opportunity to advance your career—check out the details on EBCOG website and apply now!

JOIN US AT THE EBCOG 2025 CONGRESS!

29th European Congress of Obstetrics and Gynaecology (EBCOG)
5–7 June 2025
Frankfurt am Main, Germany
www.ebcog-congress.eu

EBCOG President
Prof. Frank Louwen

EBCOG Congress President
Dr. Nuno Nogueira Martins

ENTOG President
Dr. Sofia Tsiapakidou

EUROPE MEETS THE WORLD

Over the decades, the EBCOG Congress has brought us together in cities such as Torino, Paris, Athens, and Krakow. Now, the vibrant city of Frankfurt will host the 29th EBCOG Congress from **5th to 7th June 2025**, celebrating one of the rare events that unites nearly all branches of our specialty under one roof.

After the disruptions of the pandemic, this year's three-day congress will continue the cherished tradition of fostering international collaboration and shared learning. The programme will include:

- Subspecialty sessions
- Presentations from sister organisations such as WHO Europe, FIGO, and UNFPA.
- Multidisciplinary panels and video presentations
- Contributions from distinguished colleagues across related specialities

A highlight of the congress will be the closing ceremony, where we will welcome the new Fellows of EBCOG (EFOGs) and present the five EBCOG/ENTOG awards for outstanding work!

Abstract submission is now open — the deadline is **15th January 2025**.

Please note that this is a firm deadline and will not be extended.

Don't miss the chance to contribute to the congress programme and present your research to an international audience. First authors of accepted abstracts will benefit from a special abstract author fee.

Start preparing your submissions now, and we look forward to seeing your work!